



# The Stable School

## Lunch Menu Autumn 2025





# Week 1

Day	Monday	Tuesday	Wednesday	Thursday	Friday
Main Meat Dish	Chicken curry and Rice	Macaroni cheese and bacon	Sausage Roast	Baked potato with chilli or tuna	Southern fried chicken burger
Vegetarian Choice	Vegetable curry and Rice	Macaroni cheese	Quorn Sausage Roast	Baked potato with beans or cheese	Spicy bean burger
Vegetables	Sweetcorn	Carrots	Mixed Vegetables	Baked beans	Fruit
Dessert	Cake or Muffin	Shortbread	Cookie	Biscuit	Cake or Muffin
Extras	Naan bread		Yorkshire Pudding		Crisps

# Week 2

Day	Monday	Tuesday	Wednesday	Thursday	Friday
Main Meat Dish	Chicken wrap	Sausage and mash	Gammon Roast	Spaghetti bolgnese	Hot dog
Vegetarian Choice	Quorn wrap	Vegetarian sausage and mash	Quorn Fillet Roast	Veggie bolognese	Quorn dog
Vegetables	Rice salad	Baked beans	Mixed Vegetables	Peas	Fruit Snack
Dessert	Cake or Muffin	Shortbread	Oat biscuit	Chocolate cookie	Cake or Muffin
Extras			Yorkshire Pudding		Crisps