



# PSHE & RSE Curriculum Overview

Term	Year 6	Year 7	Year 8	Year 9	Year 10	Year 11
Autumn 1	Healthy lifestyles: romantic relationships, civil partnership, marriage	Transition to secondary school and safety	Drugs and alcohol	Substance use, gangs	Media literacy	Media literacy
Autumn 2	Safe relationships; respecting others	Careers, aspirations	Careers, equality, work types	Goal setting, GCSE options	Financial literacy, gambling risks	Next steps, revision, CVs, careers
Spring 1	Community, media resilience	Diversity, bullying	Discrimination, identity	Healthy relationships, online risks	Consent, relationship abuse	Healthy communication, harassment

# PSHE & RSE Curriculum Overview



Term	Year 6	Year 7	Year 8	Year 9	Year 10	Year 11
Spring 2	Money, financial risks	Puberty, health routines	Emotional wellbeing, body image	Diet, exercise, choices, first aid	Influence of media, gangs, drugs	Health risks, first aid, body image
Summer 1	Mental wellbeing, managing change	Building relationships	Gender identity, consent, sexting	Intimacy, contraception, STIs	Community inclusion, extremism	Family planning, readiness, support
Summer 2	Growing, transitions, personal safety	Finance, school rules, politics	Digital literacy, online safety	Employability, work experience	Family, parenting, bereavement	Family support, safeguarding