

Week 1

Day	Monday	Tuesday	Wednesday	Thursday	Friday
Main Meat Dish	Macaroni cheese and bacon	Sausage and mash	Gammon Roast	Spaghetti bolognese	Chicken burger
Vegetarian Choice	Macaroni cheese	Quorn sausage and mash	Quorn Fillet Roast	Vegetarian bolognese	Vegetarian chicken burger
Vegetables	Carrots	Baked beans or peas	Mixed Vegetables	Sweetcorn	Melon
Dessert	Cake or Muffin	Shortbread	Chocolate cookie	Chocolate oat cookie	Cake or Muffin
Extras		Gravy	Yorkshire Pudding		Crisps

Week 2

Day	Monday	Tuesday	Wednesday	Thursday	Friday
Main Meat Dish	Beef burger	Baked potato with chilli	Sausage Roast	Lasagne	French pizza bread with choice of ham or pepperoni
Vegetarian Choice	Bean burger	Baked potato with beans and cheese	Quorn Sausage Roast	Veggie lasagne	French pizza bread with cheese - optional tomato slices
Vegetables	Salad	Baked potato with tuna mayo	Mixed Vegetables	Peas	Grapes
Dessert	Cake or Muffin	Shortbread	Cookie	Chocolate oat cookie	Cake or Muffin
Extras			Yorkshire Pudding		Crisps