

# Stable School News



Issue No.1 | Autumn 1



As we reach the end of a busy and inspiring term, I want to take a moment to reflect on the incredible experiences our learners have had and the growth we've seen across the school.

Our Year 7 students kicked off the term with an adventurous orienteering experience, navigating through nature with enthusiasm and teamwork. It was a fantastic way to build confidence and connection as they settled back into school life.

In science, learners have been diving into the fascinating world of sound waves through interactive investigations—exploring how vibrations travel and how we perceive sound. Their curiosity and engagement have been a joy to witness.

PE lessons this term have focused on developing gross motor skills and strengthening teamwork. Whether through group challenges or individual progress, our students have shown determination and collaboration in every session.

We're proud to have introduced first aid training, equipping our learners with essential life skills and the confidence to help others in times of need.

This term also saw nominations for our Learner Voice and Safeguarding Panels. It's heartening to see learners stepping forward to represent their peers and contribute to the wellbeing and direction of our school community.

Our Duke of Edinburgh lessons have been filled with biophilia—connecting with the local environment and appreciating the natural world around us. These moments of reflection and exploration have added a meaningful layer to their DofE journey.

In PSHE, students have engaged in thoughtful discussions around current affairs, sharing their viewpoints with maturity and respect. These conversations are vital in helping our learners become informed, empathetic citizens.

We've also seen fantastic participation in our DIVE activities, with highlights including fishing and taekwondo, as well as paddle boarding and surfing for those who love the water. These experiences have not only been fun but have helped build resilience, confidence, and joy.

As we head into the break, I want to thank our staff for their dedication, our families for their continued support, and our learners for their energy, kindness, and curiosity. I wish you all a restful and refreshing holiday, and I look forward to welcoming everyone back next term on Monday 3rd November for more learning, laughter, and growth.

Warm regards, Denise Carpenter  
Principal

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# AUTUMN 1 HIGHLIGHTS WAIKIKI

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In Waikiki this term, we have had new students join the class who have been taking part in the school's activities both in and out of the classroom.

As we begin to learn in class with our core subjects, participation in the schools extra-curricular activities has brought fun into the school day! From bike rides in DIVE, to learning new skills in construction with Baz, and getting to know the therapy dog Hero!



As our topic this term has been on Vikings, we are looking forward to going on a trip next term to see a Viking longhouse, learning about their lifestyles. We may even get a chance to try our hand at making a Viking craft!



We look forward to seeing you all after a well earned Autumn break,

Matt 😊

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# AUTUMN 2 HIGHLIGHTS POLZEATH

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We've had a fantastic half term in Polzeath class, filled with creativity, learning, and teamwork. The learners have shown great enthusiasm across a wide range of activities, and we're proud of the progress they've made both academically and socially.

Congratulations to our safeguarding tutor representative Zayd who attends monthly meeting with our safeguarding team!

This half term, we've explored first aid skills and orienteering in year 7's Junior Award Scheme, learning how to respond calmly and effectively in emergency situations. The learners practised bandaging, recovery positions, and how to seek help — a valuable life skill.

In science with Nikki, we've been investigating colours, sound waves, and doing several experiments with great curious questions from learners. The learners have really enjoyed getting stuck into practical work and thinking like scientists.

We've also enjoyed time outdoors, making the most of a variety of ball games and the swings for movement breaks and social time. These moments have helped build friendships and support emotional wellbeing.





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# AUTUMN 2 HIGHLIGHTS FISTRAL

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As we wrap up the Autumn Term, we wanted to take a moment to reflect on what has been a truly rewarding few months in Fistral Class. It's been a joy to watch the students settle back into school life with such enthusiasm, curiosity, and resilience

Congratulations to our new safeguarding tutor representatives Kipley and Max who were voted for by Fistral peers!

In English, our persuasive writing and debating sessions sparked some brilliant conversations and thoughtful arguments. The students have really embraced the challenge of expressing their ideas with clarity and confidence.



One particularly special moment this term was our Sound Baths mindfulness session. It offered a peaceful space for students to pause, reflect, and reconnect with themselves. Many shared how calming and grounding they found the experience, and it was a beautiful reminder of the importance of wellbeing in our learning journey.

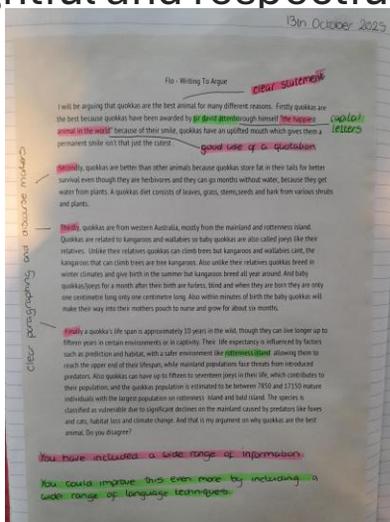
Throughout PSHE, we've had some deep and meaningful discussions around peer influence, substance use, and safety. The maturity and empathy shown by the class during these sessions has been inspiring. As we head into the break, we want to thank you all for your continued support and partnership.

It's been a pleasure working with your children this term, and we're so proud of everything they've achieved—academically, socially, and personally.

# AUTUMN 2 HIGHLIGHTS ABERSOCH

It has been lovely to see new friendships forming as we begin the year 9 journey. There have been many examples of great kindness and respect within the class.

In English, the learners have been exploring persuasive writing. They have been learning how to construct arguments by supporting ideas with evidence. They have also been learning how to use a range of language techniques to convince their readers. The learners have also been developing their oracy skills. I have been very impressed by the discussion skills in the class. Learners have demonstrated active listening skills and offered opposing ideas in a thoughtful and respectful manner.



The Abersoch learners have demonstrated wonderful maturity in PSHE. We have been exploring the difference between healthy and unhealthy relationships and the effect of peer pressure. There were so many insightful contributions made to discussions.

I have been impressed by how well the Abersoch learners have risen to the academic challenges of year 9. Several of the class have completed functional skills style questions and done so with positive outcomes.

A big well done to Flo, who is our new safeguarding tutor representative.

Several of the learners in Abersoch have started exploring their college and career options. Plans are already in place for learners to attend events at local colleges in 2026.

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# AUTUMN 2 HIGHLIGHTS THE DEN

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A fantastic start to year 10. Wow what a busy half term it has been lots of academic achievements. Settling in well to the new timetable and structures and routines of the Gate House with lots of great classroom based learning.

Dive time on a Friday afternoon seems to be being embraced and enjoyed by students being able to choose an activity that suits them. Newly found fishing as a D of E off site activity is a big hit. Now we have our usual sports hall lots of sporting activities are being enjoyed.

Well done The Den. enjoy a restful half term break. look forward to Autumn 2

## The Den Team



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# AUTUMN 2 HIGHLIGHTS OAHU

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We've had a great start to the half term with our new Year 11s stepping up as the eldest in school and taking on new roles and responsibilities – congratulations to Peter, our Student Voice representative, and to Leo G our Safeguarding Tutor lead.

Tutor time has been fun and is a good way to begin each day, chatting and getting some breakfast. We are all getting to know each other and we have found that we are a very diverse mix of people which makes it more interesting. We have sporty people, arty people and some brilliant comedians! The room has been rearranged several times by those with an interest in such things and has been decorated with artwork.

Oahu's notice board and art gallery...



We celebrated the end of half term with our traditional tutor breakfast feast!

Highlights so far this term have included the weekly climbing trip – we have some students who are brilliant at this – and some good games of Rummikub. A learner has expressed how well science is going – she is delighted to doing the triple award - and everyone is pleased that we will be seeing more of Hero the dog next half term... Happy half term holiday everybody!

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# AUTUMN 2 HIGHLIGHTS

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This term we are lucky enough to welcome some new staff members to The Stable School family. If you haven't had a chance to meet them yet, then here is a little bit about some of them!

Hi I'm George!

**How have you settled into the Stable School?**

*I am really starting to settle in and getting to know the learners and them getting to know me. I am enjoying my experience at working at The Stable School, it is an exciting learning curve for me.*

**Do you have any hobbies you enjoy when not at school?**

*I enjoy walking, experiencing nature and seeing different natural sceneries and landscapes.*

**What are you excited for about this year in school?**

*Teaching subjects that are new me, such as Philosophy and Ethics and learning along side the Children.*

**What is something you love to teach?**

*I love teaching PSHE.*

**What is your favourite snack?**

*Mixed nuts with yoghurt*

**Using only 2 words, how would you describe your first half term at the stable school?**

Fabulous Fun!

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# AUTUMN 2 HIGHLIGHTS

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Hi, I'm Nici, the new science teacher

## **How have you settled into the Stable School?**

Much quicker than I expected to. Everyone is so welcoming and friendly. Some classes have adapted to a new science teacher quicker than others, but I have worked in a similar environment for the last 6 years so knew to expect this.

## **Do you have any hobbies you enjoy when not at school?**

Now that we have an empty nest at home, we have recently rediscovered our love of travelling. I am an avid reader and read almost anything (except horror and graphic novels – I don't enjoy those as much) I also do a lot of handicrafts, cooking and baking, when I have time.

## **What are you excited for about this year in school?**

I'm looking forward to getting to know the learner more and continue to develop the science curriculum.

## **What is something you love to teach?**

Obviously, science, but I have been very lucky with my career and have taught from kindergarten through to A-level. I love the fact that I have been able to teach most subjects in some form or another. If I hadn't gone the science route, it would probably have been either history or English.

## **What is your favourite snack?**

Now this depends on my mood and how much junk food I have eaten! Chocolate is my pick me up and comfort food, but we eat a lot of vegetables at home and have a great recipe for crispy spicy chickpeas which is very Moorish, I use the same mix for kale crisps – which taste a bit like seaweed from the Chinese!

## **Using only 2 words, how would you describe your first half term at the stable school?**

Crazy fun!

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# AUTUMN 2 HIGHLIGHTS

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Hi, I am Andy Walker the new PE Teacher.

I have worked in education for 35 years and SEN education for 20 years. I have a wife and four grown up children. Unfortunately, or fortunately I have 7 grandchildren, ( I know I don't look old enough) I have 2 dogs, a beagle (Borg) and a bull jack (Tots) and 2 very old cats. My favourite food is chips, cheese and gravy.

In PE this term we have looked at Multi Sports for Key Stage 2 students who have been participating in a variety of sports including football, hockey, basketball, golf and archery.

We have focused on Invasion Sports with the rest of the Year group. And have been considering and developing individual skills as well as working as a team in game situations. We have been finding better ways to communicate, including where we are, where we want the ball or pass and using non verbal communication to tell the passer where and when they want the ball.

In BTEC Sports we are studying component of sports, the importance of the warmup, and what makes up a warmup for the students to be able to take their own warmups next term.



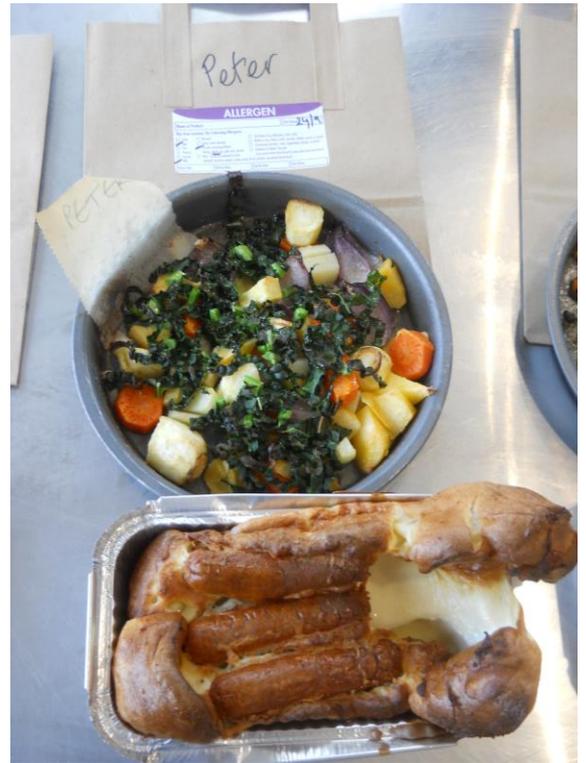
# AUTUMN 1 HIGHLIGHTS CATERING

Catering continues to be a popular option among the Year 10 and 11 students.

This half term we've been focusing on dishes with eggs in them. The Year 10 learners have started with the basics and spent their theory lessons exploring eggs in all their glory, whilst Year 11's have been extending their practical skill set cooking more complex dishes.



On the menu we've had, breakfast muffins, shaksouka, toad in the hole, red velvet and tres leches cakes with lots of others in between. Whilst everyone has different tastes, feedback has been pretty good: *"That's one of the nicest things I've ever eaten"* LR *"Those cakes are banging"* LH



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# AUTUMN 1 HIGHLIGHTS

## CONSTRUCTION

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Over at construction we have gotten off to a flying start to the Autumn term, some great practical skills being shown across all year groups.

Our Waikiki group have already settled into our construction class and have been busy making wooden robots and have also been working on some upcycling projects.

Years 7,8, and 9 have been making a variety of wooden games to use in the classroom, shut the box, ring toss, and flick football to name a few, putting their practical skills and knowledge to the test, I have been really impressed at their results achieved on their finished projects.



Year 10 and 11 have started working towards their level 1 or 2 qualifications, already producing some good practical results working on tool boxes and a small chest of drawers, designing and building them to their own size, they have all also produced some fantastic results.

I am looking forward to seeing the good results continue into the next term.



# AUTUMN 1 HIGHLIGHTS CREATIVE DESIGN

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A Creative Kick-Off to the New Term in Art & Design!

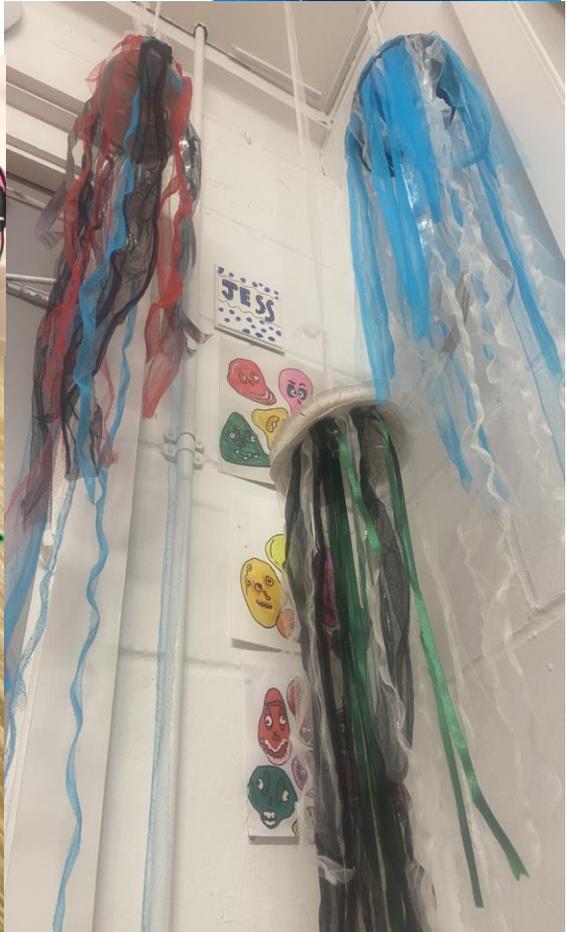
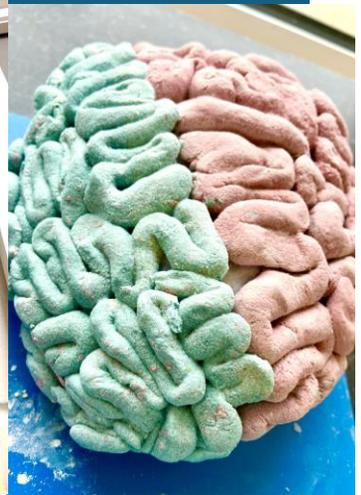
The Stable School has kicked off the term with a stunning display of jellyfish made from scrap and recycled materials. These colourful creations float beautifully in the classroom, showcasing both imagination and eco-conscious thinking.

Our Year 6 and 7 students have been literally growing their own brains—creatively speaking! Inspired by the concept of growth mindset, they've been sculpting brain-themed artworks that reflect their personal learning journeys. These dynamic sculptures are not only visually striking but also serve as powerful reminders of resilience, curiosity, and the power of positive thinking.

Year 9 have taken a bold leap into the wonderfully weird world of Tim Burton. Drawing inspiration from his iconic style, students have been crafting expressive self-portraits that blend gothic charm with surreal imagination. Meanwhile, Year 8 have been honing their drawing skills with a focus on tone, texture, and mark making. Through careful observation and experimentation, they've produced a stunning series of mixed media studies of pears, showcasing a beautiful balance of technical precision and creative expression.

Years 10 and 11 have made a brilliant start to their AIM qualifications, diving into ambitious projects with enthusiasm. a giant Pop Art-inspired doughnut sculpture—bright, bold, and still in the making. Our Extra Art sessions have been a huge hit with Year 11 students, who have worked tirelessly on a quirky textile project: a troop of “sock monkeys,” each stitched with its own unique character and story. Their dedication and creativity are truly inspiring, setting a fantastic tone for the term ahead.

# AUTUMN 1 HIGHLIGHTS CREATIVE DESIGN



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# AUTUMN 1 Halloween safety tips

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Halloween can be really fun for all the family but check out our top tips to ensure everyone stays safe!

1. Remember Halloween costumes are highly flammable  
*That's why it is crucial to ensure children wearing Halloween costumes are kept well away from naked flames and other heat sources at all times.*

2. Encourage children to layer up  
*If children wear clothes under their dressing-up costumes, there is a layer of protection between the costume and their skin. This can help protect their skin if their costume catches fire.*

3. Stay safe near roads  
*Masks can make it harder to see or hear traffic. So, save the special masks for indoors and use face paint for trick or treating. Encourage children to put mobile phones away when they are out trick or treating and crossing roads. Instead of using the phone as a light, carry a torch.*

4. Do not go up to doors that have a "No trick or treat" sign  
*The elderly, vulnerable or families with small children may find knocks on doors frightening, respect the right to privacy.*

5. Only visit areas where there are streetlights.  
*Avoid using shortcuts like alleyways, gardens and parks*

6. Never go alone  
*Take a friend, tell an adult your route and have a planned meet up point in case you get lost.*

