



The Stable School (The Barn)

Lunch Menu Autumn 2026



Week 1

Day	Monday	Tuesday	Wednesday	Thursday	Friday
Main Meat Dish	Cottage pie	Chicken curry and rice	Gammon roast, potatoes and gravy	Cowboy cookout (sausage casserole)	Cold chicken wrap and crisps
Vegetarian Choice	Macaroni cheese	Baked potato with baked beans and cheese	Vegetable quiche and roast potatoes	Veggie sausage casserole	Cheese and cucumber wraps and crisps
Vegetables	Broccoli and peas	n/a	Carrots and sweetcorn	Roast root vegetables	Fruit
Dessert	Apple cake	Shortbread	Oat cookie	Banana cake	Cookie
Alternative (Grab and Go)	Cheese sandwich	Chicken and lettuce sandwich	Ham Sandwich	Sausage sandwich	n/a

Week 2

Day	Monday	Tuesday	Wednesday	Thursday	Friday
Main Meat Dish	Fish and oven chips	Chicken burger	Sausage roast dinner	Spaghetti bolognese	BLT sandwich and crisps
Vegetarian Choice	Chickpea and lentil curry	Spicy bean burger	Quorn sausage roast dinner	Veggie bolognese	Egg mayo sandwich and crisps
Vegetables	Peas	Lettuce, tomato and cucumber	Cabbage and sweetcorn	Roasted vegetables	Fruit
Dessert	Carrot cake muffin	Flapjack	Chocolate cookie	Rice crispie cake	Pineapple muffin
Alternative (Grab and Go)	Egg mayo sandwich	Tuna mayo sandwich	Sausage sandwich	Cheese sandwich	n/a